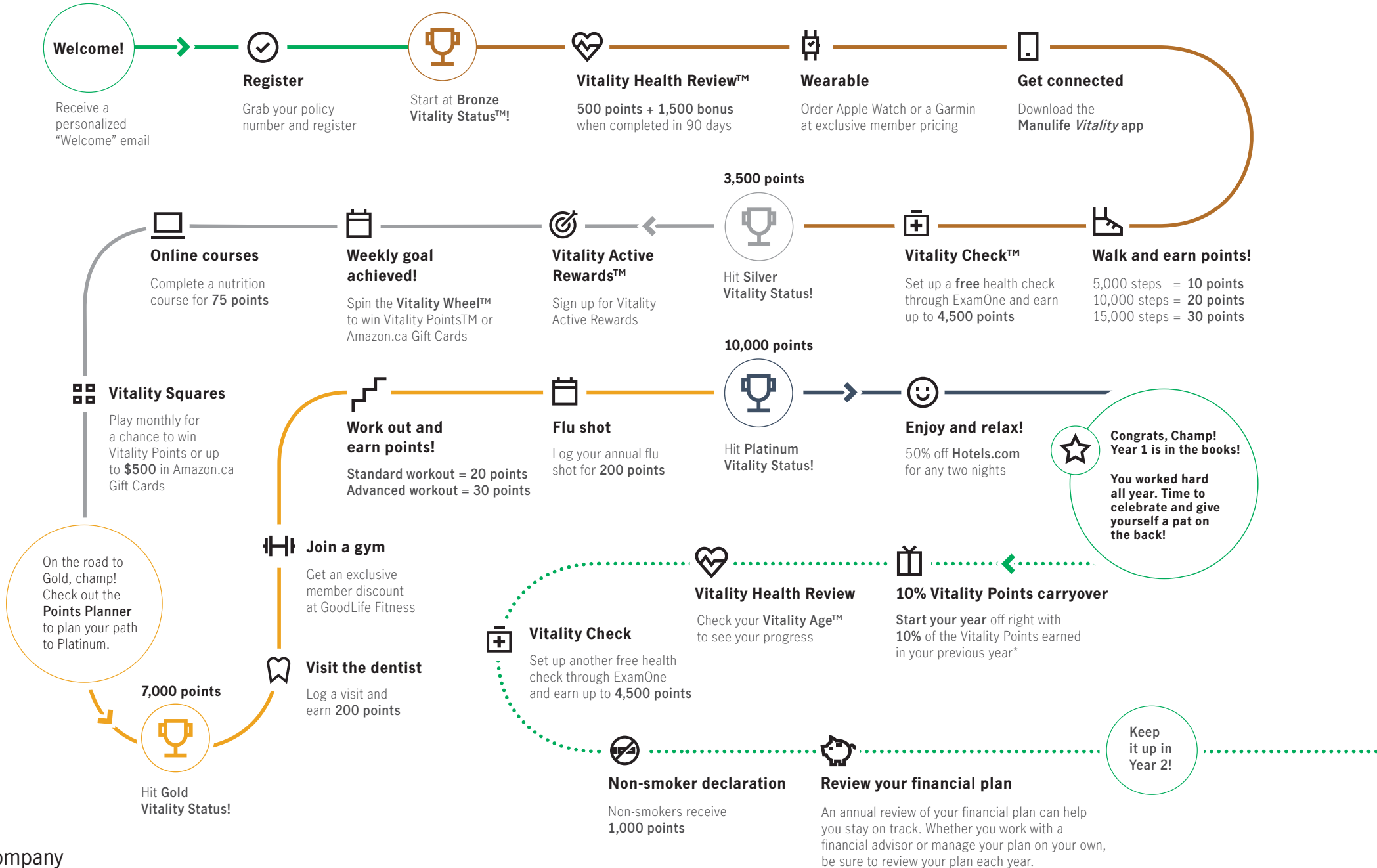


# Your first year with Manulife Vitality

So you've decided to take the first step towards a healthier, happier you. Way to go, Champ! We want to help you make the most of the program so you can live healthy, earn rewards and save money – at your own pace, of course. Check out all the little steps that could help you earn big rewards.



	<b>Bronze status</b> 0 points
	<b>Silver status</b> 3,500 points
	<b>Gold status</b> 7,000 points
	<b>Platinum status</b> 10,000 points

For more information  
visit **Manulife.ca/Vitality**  
or speak to your advisor.

#### HEALTHQUOTES

64 Temperance Street | Aurora | ON | L4G6E1

Call us today to learn more at 800.474.4474

or email us at [inquiries@healthquotes.ca](mailto:inquiries@healthquotes.ca)

We are delighted to assist

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